

Appendix E

Iowa Plan for Behavioral Health

Professional Criteria and Medicaid Reimbursable Outpatient Services by Professionals

The purpose of this document is to clarify who can provide which outpatient services to Iowa Plan Medicaid members. **Please also refer to your organization's Provider Agreement** between you, the provider, and Magellan.

Outpatient services are treatment services provided by qualified mental health or substance abuse professionals that are directed toward reversing symptoms of mental health or substance abuse disorders, or maintaining stability and functional autonomy for persons with severe and persistent forms of mental health or substance abuse disorders. Outpatient services are specific in targeting the symptoms or problem being treated.

Professional Provider Selection Criteria Pertaining to All Professionals

1. All professionals must hold a current license in their specialty at the highest level in the state in which they practice. Licensure must be for independent practice and vendor eligible (if applicable). (For Iowa Medicaid only- there are exceptions to the independent licensure status included in this document. Please read carefully).
2. Physicians must carry minimum professional and general liability insurance coverage of \$1 million per occurrence and \$3 million aggregate. Required professional and general liability coverage for all other health care professionals is \$1 million per occurrence and \$1 million aggregate.
3. It is preferred that professionals hold membership in a national professional association which ascribes to a professional code of ethics (such as American Psychiatric Association, American Psychological Association, National Association of Social Workers, American Nursing Association, Employee Assistance Professionals Association).

Additional Professional Criteria and Reimbursable Services by Professional

I. Clinical Social Workers (Licensed Independent Social Workers)

1. Clinical Social Workers must hold a masters' degree or doctoral degree in Social Work from a school accredited by the Council on Social Work Education.
AND
2. They must be licensed at the highest level in their state for independent practice.
AND
3. They must have completed two (2) years of clinical practice, computed at 3,000 hours, post-masters' degree experience.

Appendix E

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Office Emergency Services
- Mobile counseling

II. Masters' Prepared Therapists (LMFT, LMHC only)

1. Masters' Prepared Therapists must hold licensure or certification in an accepted human services specialty (Licensed Marriage and Family Therapist or Licensed Mental Health Counselor) at an independent practice level.

AND

2. Requirements for state licensure must include:
 - a. Successful completion of a written exam;
 - b. Masters' degree in a human services-related field of study;
 - c. Two years computed at 3,000 hours of documented post-masters' clinical practice in mental health and/or substance abuse under a state licensed/certified supervisor in the provider's field of specialty; and

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Office Emergency Services
- Mobile counseling

III. Licensed Master Social Worker (LMSW)

1. The Licensed Master Social Worker must be licensed according to the Iowa Chapter 154C Professional Licensure Rules and must meet all requirements within those rules.

AND

2. Individuals with an LMSW license can practice in organizations that are in the Iowa Plan network. By licensure standards, an LMSW cannot practice in a sole private practice, partnerships or groups (IAC 154C.1 (3 & 4)).

AND

Appendix E

3. The organization that employs an LMSW is delegated to ensure that the following requirements are met prior to providing and billing for appropriate clinical services within the Iowa Plan Medicaid program:

- A. The employee holds a current and valid Iowa LMSW license and meets the Magellan Primary Source Verification requirements.
- B. A Supervisory Plan is documented that includes:
 - i) The name of the assigned clinical supervisor (per Iowa Code 154C.3)
 - ii) A record of weekly face-to-face clinical supervision with their clinical supervisor.
 - iii) The individual goals of the supervision including a plan to discuss active cases, general diagnostic and treatment issues

AND

4. A licensed independent mental health professional employed by the organization must be available for consultation to the LMSW during work hours.

AND

5. Meet all continuing education requirements of LMSW licensure (per IAC 154C.3).

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Office Emergency Services
- Mobile counseling

IV. Psychiatrists (M.D. or D.O.)

1. Psychiatrists must have completed a psychiatric residency program accredited by the Accreditation Council for Graduate Medical Education for Psychiatry or the American Osteopathic Association.
2. Physicians should hold a current and unrestricted state Controlled Dangerous Substances registration (if applicable).
3. Physicians should hold a current and unrestricted Federal Drug Enforcement Administration registration.
4. It is preferred that physicians be American Board of Psychiatry and Neurology or American Osteopathic Board of Neurology and Psychiatry certified; OR, if a foreign medical graduate, Royal College of Physicians and Surgeons of Canada OR Royal College of Psychiatrists (England) board certification is preferred.

Appendix E

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Individual psychotherapy with medication management
- Family/Couples psychotherapy
- Group psychotherapy
- Pharmacological Management
- Electroconvulsive Therapy (ECT)
- Office Emergency Services

V. Psychiatric Advanced Practice Registered Nurses (Psychiatric Clinical Nurse Specialists and Nurse Practitioners)

1. Masters degree in Nursing;

AND

2. Appropriate nursing licensure in the state in which they practice;

AND

3. Hold a certificate as an Advanced Practice Registered Nurse, Board Certified (APRN, BC) issued by the American Nurses Certification Center (ANCC) with specialty as one of the following: Clinical Nurse Specialist in Adult Psychiatric and Mental Health Nursing; or Clinical Nurse Specialist in Child and Adolescent Mental Health Nursing; or Adult Psychiatric and Mental Health Nurse Practitioner; or Family Psychiatric and Mental Health Nurse Practitioner.

AND

4. They must have completed two (2) years of post-masters' clinical practice in mental health and/or substance abuse work under the supervision of a licensed psychiatrist, psychologist, social worker, psychiatric advanced practice registered nurse practitioner (or the equivalent in part-time work computed at 3,000 direct contact hours in a period of not more than two (2) years).

Additionally, for nurses with **prescriptive authority** the following must also be met:

- a. Hold current state licensure, that allows Psychiatric Advanced Practice Registered Nurses to prescribe medication;
- b. Hold a current and unrestricted Federal Drug Enforcement Administration (DEA) registration (if applicable and required); and
- c. Meet one (1) criterion from the Academic Experience criteria list below AND both criteria listed under Professional Experience below.

Academic Experience

- Completed a minimum of a three credit hour course on pharmacology at an accredited university within the five years

Appendix E

prior to applying for credentialing with Magellan, including written verification from the teaching institution, including classes taken, dates of attendance and applicable credit hours.

OR

- Completion of a minimum of 30 CEUs on pharmacology including a Certificate of Attendance from the entity conducting the CEU program within the two years prior to applying for credentialing with Magellan.

Professional Experience

- Two years of professional experience in the evaluation of psychiatric conditions and prescription of psychotropic medications to be accumulated over no more than five years.

AND

- Practice collaboratively with physicians as required by local licensure and regulation.

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Individual psychotherapy with medication management
- Family/Couples psychotherapy
- Group psychotherapy
- Pharmacological Management
- Office Emergency Services
- Mobile counseling
- Psych Nursing Services
- Emergency Nursing Assessments

VI. Psychologists

1. Psychologists must be licensed as clinical psychologists at the doctoral level, in the state in which they practice.

AND

2. Doctoral degree must be from a regionally accredited university or professional school, with a dissertation primarily psychological in nature, with a specialty in Clinical, Counseling or Professional-Scientific Psychology. If this condition is not met, at least one of the following must apply:
 - a. Council for the National Register of Health Service Providers in Psychology certified; or
 - b. American Board of Professional Psychology Diplomate in Clinical, Counseling, Family Psychology, Neuropsychology or Health Psychology.

Appendix E

- c. Completion of an APA-accredited Clinical or Counseling respecialization program with completion of an APA-accredited internship.

AND

3. Psychologists are required to have completed an internship and supervised hours post doctoral degree, consistent with the applicable state licensure requirements.

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Psychological Testing
- Office Emergency Services
- Mobile counseling

VII. Substance Abuse/Addictions Medicine

1. Physicians who are board-certified in a primary care specialty (Internal Medicine, Family Practice, Pediatrics, or Obstetrics-Gynecology), and who have more than five (5) years experience working with substance abuse patients, may be eligible to provide services to substance abuse patients. American Society of Addiction Medicine certification is preferred.

OR

2. Certified Alcohol and Drug Counselor

Outpatient Medicaid Reimbursable Services:

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Office Emergency Services
- Medication management (physician)

VIII. Physician Assistant

1. Completion of training program in psychiatry (minimum of one year) subsequent to receiving the PA degree,
- OR*
2. Two years post-PA degree experience working in a setting with primary responsibility for diagnosis and treatment of psychiatric illness.

AND

Appendix E

3. Document a supervising psychiatrist who is Magellan credentialed and a participating provider in the Iowa Plan network and provides two hours per week of supervision to the PA at the same site as the PA.
AND
4. Complete 50% of the CME requirements for licensure in the field of psychiatry. The PA's personnel file must include this documentation and can be verified during the Magellan QI site visits.
AND
5. PA compliance with Iowa Administrative Code for licensure (645-IAC325-330)

IX. Registered Nurses

1. License to practice as a registered nurse with **a minimum of 3 years** mental health experience and employed by a mental health organization contracted and credentialed with Magellan.
AND
2. Perform mental health services as ordered by a psychiatrist.
 - Initial Diagnostic Interview
 - Medication management

X. Persons working toward an independent licensure:

With clinical supervision, Masters/Doctoral level professionals working towards a LMHC, LMFT or licensed psychologist can provide outpatient services on-site at the main location of a Iowa Plan network Community Mental Health Center (CMHC).

- Initial Diagnostic Interview
- Individual psychotherapy
- Family/Couples psychotherapy
- Group psychotherapy
- Office Emergency Services

For further information, please contact Gloria Scholl at 1-515-273-5048 or Jessica Riedell at 1-515-273-5051.

Appendix E

CREDENTIALING FOR BEHAVIORAL HEALTH INTERVENTION SERVICES (BHIS)

Beginning July 1, 2011, Magellan will manage the BHIS services. As part of the plan to include these services the credentialing requirements have been adjusted as outlined below.

All providers must be credentialed and contracted as an organization/agency (not an individual practitioner or group) that is licensed or accredited in Iowa as one of the following:

1. Other Mental Health Provider or Community Mental Health Center Provider under IAC 441 Chapter 24, or
2. Residential group care setting licensed under IAC 441, Chapter 114, or
3. Nationally accredited by The Joint Commission (TJC), CARF, or COA under the accreditation standards that apply to mental health rehabilitative skill-based interventions

AND

- A. Complete and submit all required Magellan Provider application materials and related documents, including any documentation of current accreditation, and attest to their accuracy. We cannot process incomplete applications.
- B. Must be in good standing with state and federal regulatory entities, as applicable.
- C. Hold current licensure or certification without contingencies or provisions in accordance with applicable state and federal laws.
- D. Provide primary source verification (PSV) of professional licenses of medical, clinical and behavioral health intervention staff members. This means contacting state licensing boards to verify that professionals hold a current license, education and training to practice without restrictions or sanctions. Additional required queries include the National Practitioner Data Bank (NPDB), the Health Inquiry and Protection Data Bank (HIPDB), and the Office of Inspector General/General Services Administration (OIG/GSA) databases for Medicare/Medicaid sanctions. For physicians, PSV also includes verification of Board Eligibility, and current, Drug Enforcement Agency (DEA) Registration, and, if applicable, state Controlled Dangerous Substance (CDS) registration.
- E. Attest that there are no Medicare or Medicaid sanctions or exclusions for the organization or its clinical staff.
- F. Fulfill Magellan requirements for malpractice claims history review.
- G. Meet Magellan's minimum requirements for professional and general liability insurance coverage, \$1M per occurrence and \$3M aggregate.
- H. Participate in a site visit upon request.
- I. Participate in re-credentialing every three years or in compliance with regulatory and/or customer requirements.
- J. Submit a staff roster with the information completed and updated every 6 months.
- K. All staff members must pass all criminal background checks including child abuse reporting.

Appendix E

BHIS STAFF REQUIREMENTS

Community Based Services Providers and Residential Group Providers have requirements listed below

BEHAVIORAL HEALTH INTERVENTION SERVICES ORGANIZATION STAFF REQUIREMENTS AND SUPERVISION

	Education/Experience	Supervision	Consultation
COMMUNITY BHIS WORKER	<p>Bachelors degree in social sciences field* + 1 year experience OR</p> <p>Bachelors degree in social science field + 20 hours child MH training* OR</p> <hr/> <p>Bachelors degree in non-social science field* + 2 years experience OR</p> <p>Bachelors degree in non-social science field + 30 hours child mental health training</p>	<p>Licensed master prepared MH practitioner (social work, marriage and family therapy, mental health counselor)</p> <p>- License # required</p>	<p>Independently licensed MH practitioner available for consultation when needed</p> <p>- License # required</p>
RESIDENTIAL BHIS WORKER	<p>Bachelors degree in social science field preferred</p> <hr/> <p>AA degree + 1 year exp. in child mental health services OR</p> <hr/> <p>Highschool diploma/GED +</p>	<p>Licensed master prepared MH practitioner preferred (as above) OR</p> <hr/> <p>Bachelors degree with 5+ years child mental health service experience</p>	<p>Independently licensed MH practitioner available for consultation when needed (as above)</p>

Appendix E

	minimum of 6 years of child MH service experience		
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*Social science field – Examples include social work, psychology, sociology, human services/development, child development

*Non-social sciences field – Examples include education including special education, criminal justice, biology, communications

*Child mental health training – training in area of mental health assessment and treatment of children with mental health needs, including those with Serious Emotional Disturbances (SED).