

## **Residential Crisis Services, Mental Health, Adult, Adolescent, Child Guidelines**

*For use with members whose insurance is written out of Maryland*

Residential Crisis Services are provided on a short-term basis in a community-based residential setting to prevent a psychiatric inpatient admission.

### **I. Admission Guidelines**

Medical necessity for admission of a child, adolescent or adult to Residential Crisis must be documented by presence of all the criteria below (A-D).

- A.** Has a primary DSM IV diagnosis of a mental disorder;
- B.** Is at risk for hospitalization;
- C.** Has need of immediate intervention because the individual is:
  - 1. Exhibiting behavior that is threatening to self or others, or;
  - 2. Experiencing rapid deterioration of functioning as a result of psychiatric symptom, and
- D.** Is able to benefit from the intervention because the individual:
  - 1. Can respond to short-term therapeutic intervention, and;
  - 2. Does not have a current living environment that is suitable to stabilize the individual during the crisis.

### **II. Continued Care Guidelines**

Authorization for continued services is based on documentation that Continuation of Residential Crisis Services is appropriate for children, adolescents and adults who meet all of the outlined below:

- A.** Clinical evidence indicates a persistence of the problems that necessitated Residential Crisis Services,
- B.** Diversion from inpatient hospitalization continues to appear possible; and
- C.** The individual's current available living environment is not suitable for stabilizing the individual during the crisis.