

# Consumer Health Information - Child Member Information

## *Measuring Health & Wellness*

It is never easy when a child is struggling. That is why Magellan now offers the Magellan Consumer Health Inventory - Child Version (CHI-C) assessment. The process is easy. You answer questions about the child in your care and get a summary of the results right away. These results help you and your child's mental health provider keep track of the health and well-being of the child. The assessment is available in English and Spanish.

**How does the CHI-C work?** When your child first starts treatment, the provider will explain how to take the CHI-C online. The assessment questions ask about how your child is doing. They ask about what is going well and what is not going well. There are no right or wrong answers to the questions.

**It is quick and easy.** The CHI-C is very short. It takes about five minutes. You and your provider can use the CHI-C information to help plan your child's treatment. This way, everyone stays focused on what matters most to you and the child.

**It is private.** We need your permission to share the results with your child's provider. Magellan encourages you to give this permission.

**How is your child doing?** From time to time you will take the assessment again. You will answer the same set of questions at different times. This will help you see changes just like you may watch your child's weight or blood pressure. By looking at your child's behavior throughout treatment, you can measure how he or she is doing over time. You also can talk with your provider about any needed changes in the plan of care for the child. Measuring the health and wellness of the child helps you make informed decisions about his or her care.

**Information you can use.** Save your report each time you complete an assessment. You should discuss the report with your provider. Also, fill in the "Member Personal Health Log" given to you by your provider each time you take the CHI-C so that you can keep a good record of progress.

We wish you and your child all the best in health and well-being!