Practice Vignette “Mike”

Mike is a 15 year old boy who is currently living with his grandparents. He is not in contact with his mother who has a serious substance dependence disorder. The identity of his father is not known. His last contact with his mother was more than five years ago. Over the past three months, Mike has grown increasingly argumentative and disruptive at home and school. He has been suspended one day two weeks ago for fighting. This has involved heated arguing and swearing at several other youth. In one fight, he was seen pushing the youth he with whom he was arguing. Teachers report that his grades have slipped considerably. He has gone from being a B/C student to getting mostly failing his courses this school year. Mike is not in special education. His IQ was recently estimated to be 96.

At home, grandmother reports that he starts arguments with her, ignores curfew and sometimes stays out with friends until 2 or 3 in the morning. There is no evidence that he has engaged in any criminal behavior. Mike’s problems appear to have started after his grandfather had a stroke. Grandfather is better but was left with a partial paralysis that forced him to retire early. Grandmother works at an area grocery store. No other children or adults live in the house, although Mike’s aunt, who has five children lives in the neighborhood. Mike is reportedly close to his cousins and spends a lot of time at their house. Mike has expressed interest in moving in with aunt but she is unwilling to take on the added responsibility. Grandparents are currently feeling like they are no longer able to handle Mike’s behavior and are asking about foster care or residential treatment options. Grandparents report that they do not understand why Mike is so ungrateful to them for taking him in. Mike expresses worries about the Grandfather’s health and resentment about all the restrictions they have tried to place on this behavior.

Mike has lived with his grandparents since he was an infant. At that time, child welfare had taken him from his mother due to allegations of neglect. She would leave him alone for long periods of time and failed to address his basic needs. As an infant, he was significantly underweight. He now is healthy and active. Grandparents are not active in a church and neither they nor Mike have ever attended religious services.

Mike reports that he has a girl friend but has never been sexually active. Mike reports he has been seeing this girl for about 8 weeks. He has a number of male friends at school. He says that he can go to his friends when he needs to talk to someone.

At the assessment, Mike seemed to be a generally sullen and non-responsive young man. His was dressed in baggy shirt and jeans and listened to a portable cd player until the assessor asked him to turn it off. He answered questions but did not elaborate even when pressed. He reports no suicidal or homicidal ideation. When the conversation turned to talking about Mike’s girl friend his mood brightened notably and he smiled and talked openly.