

# Magellan *EnhanceMed*<sup>SM</sup> Designed to Improve Member Outcomes

## Pharmacy Management Program Assists Physicians

Magellan has determined that as much as 30 percent of behavioral health prescribing falls outside of evidence-based guidelines, which can compromise member safety and outcomes. That's why we developed Magellan *EnhanceMed*, our behavioral health pharmacy management program designed to assist physicians in providing the best practices in behavioral health medication management and improving members' quality of life.

We have also found that non-behavioral health physicians write more than 70 percent of prescriptions for behavioral health drugs. The Magellan *EnhanceMed* program assists these providers, as well as behavioral health providers, in a number of ways.

### Key Components

**Data Analysis:** Magellan's comprehensive pharmacy data analysis process monitors prescribing patterns for more than 130 behavioral health drugs. Our process includes in-depth analysis of behavioral health pharmacy claims and utilization to identify areas of opportunity such as:

- Inappropriate or sub-optimal dosing
- Multiple prescribers
- Polypharmacy
- Therapeutic duplication
- Inappropriate use by children and the aged
- Excessive use of controlled substance medications on a continual basis.

**Clinical Intervention:** Upon completing the data analysis, Magellan *EnhanceMed* delivers interventions supported by evidenced-based prescribing protocols. Prescribers receive patient-level reports detailing prescribing and utilization scenarios. To assist physicians in the optimization of member care, we also offer consultation with a pharmacist or physician.

**Measurement and Reporting:** Magellan *EnhanceMed* tracks interventions at the drug, member and prescriber levels to determine the resulting changes in prescribing practices and patient compliance, and to assess the effectiveness of individual interventions.

**Education:** Magellan *EnhanceMed*'s education program focuses on increasing positive clinical outcomes for individual members through improved behavioral health prescribing. Information on appropriate diagnosis and treatment of behavioral health conditions, new drug treatments and specific network prescribing issues are available to providers via mailings and online.

### Improved Care for Members

Through Magellan *EnhanceMed*, we combine our expertise and experience in behavioral health care with national practice guidelines, evidence-based practices, and provider input, to provide a pharmacy management program that can offer our members improved health care quality.