



Outcomes360 Information Sheet

What is Outcomes360?

Outcomes360 is a set of tools that include questions to help focus your treatment on what matters most to you. These tools can also help you see change in your health and recovery.

How does it work?

Outcomes360 questions are asked online at your provider's office. They are short. They take only a few minutes. Right away, you get reports to review together. When you answer the questions again later, you might see changes. Please save your reports to track how you are doing.

What are the questions?

The tools ask questions about how you are doing. The questions ask about physical and mental health. They ask about what is going well. They also ask about what is not going well. There are no right or wrong answers. The questions are proven to be helpful. They have been used for many years across the country. The questions ask about areas that are important to your recovery.

The right tool for you

Outcomes 360 tools are free and available in English and Spanish. There is a different version for adults and children. Adults take the Consumer Health Inventory (CHI). Guardians of children ages 5 to 17 take the Consumer Health Inventory-Child (CHI-C).

Getting better

Outcomes360 tools help you talk with your provider about your health and treatment. Tracking your own health and wellness helps you make good health care decisions.