



**Temporary Disability Retired List (TDRL) Examinations
Frequently Asked Questions**

<p>What is TDRL?</p>	<p>The Temporary Disability Retired List (TDRL) is a list of Army members found to be unfit for performance of military duties by reason of physical disability, which may be permanent but was not sufficiently stabilized to permit an accurate assessment of the disability’s degree of permanence.</p> <p>A member whose condition is not stable may be placed on the TDRL for up to five years at which point they must be discharged, retired or returned to duty. You can find more information at the United States Army Human Resources Command TDRL webpage.</p>
<p>What is a TDRL examination?</p>	<p>TDRL examinations are done to determine whether or not the severity of the condition is likely to change within the next five years so as to result in an increase or decrease of the disability rating percentage or a finding of Physically Fit to Return to Active Duty. A TDRL examination is used to determine the existence and/or status of conditions that affect a service member’s mental health and cognitive functionality for rating purposes. It does not involve a traditional clinician-patient relationship where you act as a biased advocate of the patient.</p> <p>There are several types of examinations: 1) Eating Disorders, 2) Mental Disorders, 3) Post-Traumatic Stress Disorder (PTSD), and 4) Traumatic Brain Injury (TBI).</p>
<p>How often does the service member have to undergo examinations?</p>	<p>Service members are required by law to undergo examinations at least once every 18 months. However, examinations may be scheduled as early as six months if deemed necessary by appropriate medical/disability authorities.</p>
<p>What does a TDRL examination entail?</p>	<p>A TDRL examination requires an examiner to act as a biased expert making an assessment based on the review of medical records and a semi-structured interview on the Disability Benefits Questionnaires (DBQ), which outline how to conduct and report each examination. The Disability Benefits Questionnaires (DBQs) will outline exactly how to conduct and report each examination. There are several types of DBQs: 1) Eating Disorders, 2) Mental Disorders, and 3) Post-</p>

	Traumatic Stress Disorder (PTSD), which are the mental health DBQs. There are also numerous DBQ's regarding physical health issues.
What is a Disability Benefits Questionnaire?	Disability Benefits Questionnaires (DBQs) are worksheets that were developed to reflect the information that is required for rating disabilities. Following the DBQs ensures you provide all the information required and reduces the likelihood that the exam will be returned as insufficient. A DBQ is available for each type of examination.
What is my role as a TDRL examiner?	You will be required to conduct a thorough examination and prepare a report for rating purposes by following the appropriate DBQ. Your purpose is to not conduct a treatment examination, but to report your findings about the veteran's mental condition in such a way that a legal decision about the veteran's entitlement to benefits can be made.
What are the requirements to perform TDRL examinations?	You will be required to complete the annual DoD HIPAA and Privacy Act training and pass the examination, and the required DLH trainings In addition, for PhDs, your doctoral degree in psychology must be accredited by the APA in the field of study in clinical, counseling or school psychology. For Psychiatrists, you must have experience treating individuals with TBI and training with TBI.
Where can I complete these trainings?	You can email DLH at ProviderSupport@usatdrl.com to get access to the trainings, or if you have recently completed the annual DoD HIPAA and Privacy Act training, to confirm that it will be accepted by DLH. When emailing DLH to request access to the trainings, you must enter " Magellan Network " in the subject line in order for your request to be prioritized.
How long do the trainings take?	Each training and exam may take approximately 45 minutes to 1 hour. The training is web-hosted and self-paced.
Are contact hours offered for these trainings?	Contact hours will be offered for the DoD HIPAA and Privacy Act training.
Is there a cost for the trainings?	No, the trainings are free.
If I took the trainings previously from the VA or another vendor, will you accept them?	If you took the DoD HIPAA and Privacy Act training from another vendor and are able to provide a certificate of completion, DLH may accept it providing it is current. Otherwise, the training will need to be repeated.

<p>Are there other trainings that I need to complete before providing disability examinations?</p>	<p>You will need to complete DLH's provider training. They will provide access to their training once you have made contact with them.</p>
<p>What is the referral process for TDRL examinations?</p>	<p>The Physical Evaluation Board (PEB) will contact DLH with an examination request. DLH will then contact you to arrange for an examination and confirm an appointment date and time. DLH then will notify the veteran or service member.</p>
<p>What materials will I have access to?</p>	<p>Through DLH's system, you will have access to the following:</p> <ul style="list-style-type: none"> • Medical records • Disability Benefits Questionnaires (DBQs)
<p>What are the appointment availability requirements for examinations once contacted by DLH?</p>	<p>While there are no set appointment availability requirements, it is critical that an appointment be scheduled at the service member's convenience. You will be contacted at least six weeks in advance for appointment availability.</p>
<p>How are the TDRL examinations appointments scheduled?</p>	<p>Examination appointments should be scheduled as outlined below. <i>Also, please refer to the Exhibit B fee schedule.</i></p> <ul style="list-style-type: none"> • PTSD Review=60 minutes • Mental Disorders=60 minutes • Eating Disorders=60 minutes
<p>What documentation needs to be submitted after the TDRL examination has been completed?</p>	<p>After the examination has been completed, you will complete the applicable Disability Benefits Questionnaires (DBQs) and Consolidated Medical Report (CMR) electronically in DLH's CMS system. You will electronically sign the documents within CMS using DocuSign.</p> <p>Prior to receiving your first case, in order to view and sign documents, you must agree to use electronic records and signatures.</p>
<p>Are there computer requirements in order to submit the DBQ's electronically?</p>	<p>Yes, your computer must meet certain requirements for you to complete the DBQs electronically and you must have the latest security updates and patches from your operating system vendor.</p> <p>The minimum requirements are:</p> <p>Cable Internet Connection recommended Supported Browsers (HTML 4 capable)</p> <ul style="list-style-type: none"> • Internet Explorer 9+ • Chrome • Firefox • Safari • Windows Edge

	<p>Screen Resolution</p> <ul style="list-style-type: none"> • 1024 x 768 (for desktops and laptops) <p>Security</p> <ul style="list-style-type: none"> • Allow per session cookies • Users accessing the Internet behind a Proxy Server must enable HTTP 1.1 settings via proxy connection <p>Firewall settings must allow access to the following server: https://docucdn-a.akamaihd.net. DocuSign leverages Akamai as a content delivery system to enhance the application performance.</p>
How do I access the DBQs?	You will receive a log-in and password to DLH's system to access the DBQs.
How long are the DBQs?	There are several types of DBQs: 1) Eating Disorders, 2) Mental Disorders, and 3) Review PTSD. Each DBQ varies in length from 2-6 pages respectively with checkbox options. Examples can be found at www.magellanprovider.com/DLH .
Can the DBQs be completed during the examination?	Yes, the DBQs can be completed online during the examination with the service member. In fact, you are encouraged to complete it during the session.
When do the DBQs need to be submitted once examination is completed?	The DBQs need to be submitted to DLH within one to three calendar days of completion of the examination.
What is the process if there are issues with the DBQ?	If for some reason there is a problem with the DBQ, DLH will contact you and require you to correct the deficiency within one business day.
Will I be required to review medical files?	You will be required to review the medical documentation prior to the examination. You will have access to the medical documentation through DLH's website to be reviewed electronically at least 2 weeks prior to the appointment.
If I don't have experience with Eating Disorders, can I still participate in the Disability network?	While experience with Eating Disorders is preferred, you still can participate in the network. Most of the disability examination requests are for Mental Disorders and PTSD, but occasionally requests are made for Eating Disorders examinations. Eating Disorders fall under the Mental Disorders category, but have a separate DBQ. The Eating Disorders DBQ will outline how to conduct the examination.
Is psychological or neuropsychological testing part of the TDRL exam?	If additional testing is needed, they would be performed by the Veterans supporting Military Health Readiness Platform (formerly named MTF), VA or individual health plan.

How many referrals should I expect to get?	While a significant number of service members are applying for disability benefits, we are unable to predict the volume of referrals.
Are “no show” or late cancellations reimbursed?	Yes, if a service member cancels his/her appointment with less than 24 hours notice or “no shows,” Magellan will reimburse you \$50. You must notify DLH within 30 minutes of cancellation or “no show.” If the veteran calls your office to reschedule an appointment, please refer to them to DLH.
Does my office need to meet certain requirements?	Yes, your office should be in compliance with the Americans with Disabilities Act (ADA) and Occupational Safety and Health Administration (OSHA) guidelines and wheelchair accessible. And, if free parking is not available for the veteran or service member, you must be willing to validate for parking as the veteran or service member is not expected to pay for parking.
What is the process for claims submission?	Once the disability examination is completed and the DBQs and required forms have been submitted and accepted, there is nothing more you need to do. DLH will notify Magellan that the examination has been completed, and we will send you payment for the services rendered.
What is the turnaround time for payment?	The turnaround time for payment is 30 days from the time Magellan is notified of the completed examination by DLH.
Are there any restrictions that would prevent me from participating in the Magellan Disability network?	If you are currently a government or federal employee, you are ineligible to participate in the Magellan Disability network.
If I am contacted directly by the PEB regarding an examination, what should I do?	If the PEB contacts you directly, please contact DLH immediately and inform them that the PEB has contacted you.