

2019 - 2020 Magellan Care Guidelines Summary of revisions

EFFECTIVE JULY 1, 2019



Magellan
HEALTHCARESM

Overview



- Annual review cycle
 - Magellan Care Guidelines will be effective July 1 of every year
 - Magellan Care Guidelines are comprised of MCG Guidelines and Magellan Healthcare Guidelines
- Changes include:
 - Upgrade to the *23rd Edition* MCG Behavioral Health Care Guidelines content
 - Updates to Magellan Healthcare Guidelines
 - Retirement of selected Magellan Healthcare Guidelines

Exclusions



- Magellan will continue to use ASAM criteria for management of substance use services where required by state or customer contract.
- Magellan will continue to use other State-mandated criteria where required.
- Visit [MagellanProvider.com](https://www.MagellanProvider.com) for the latest information:
 1. From the *Providing Care* tab, select “Clinical Guidelines.”
 2. Choose “Medical Necessity Criteria.”



Summary of changes to the Magellan Healthcare Guidelines

2019-2020

MAGELLAN HEALTHCARE GUIDELINES

Summary



- The 2019-2020 Magellan Care Guidelines include four Magellan Healthcare Guidelines:
 - Six Magellan Healthcare Guidelines were retired
- Of the four Magellan Healthcare Guidelines:
 - Two guidelines were substantively modified
 - Two guidelines had no changes

2019-2020 Magellan Healthcare Guidelines



	Magellan Healthcare Guideline	Review
MHC-01-2019	Transcranial Magnetic Stimulation Treatment	SUBSTANTIVE CHANGES
MHC-40-2019	Outpatient Applied Behavior Analysis	SUBSTANTIVE CHANGES
MHC-03-2019	Psychological Testing	NO CHANGES
MHC-31-2019	Neuropsychological Testing	NO CHANGES

Retired Magellan Healthcare Guidelines



Magellan no longer manages the services and/or populations for which these guidelines were developed.

ORG/OTG	Magellan Healthcare Guidelines	Status
MHC-14-2018	Subacute Hospitalization, Psychiatric, Adult and Geriatric	RETIRED
MHC-16-2018	Subacute Hospitalization, Psychiatric, Child and Adolescent	RETIRED
MHC-21-2018	Supervised Living, Psychiatric, Adult and Geriatric	RETIRED
MHC-06-2018	Supervised Living, Psychiatric, Child and Adolescent	RETIRED
MHC-08-2018	Supervised Living, Substance Use Disorders, Rehabilitation, Adult and Geriatric	RETIRED
MHC-28-2018	Supervised Living, Substance Use Disorders, Rehabilitation, Child and Adolescent	RETIRED



MHC-01-2019: Transcranial Magnetic Stimulation (TMS) Treatment: Commercial

I. Severity of need:

- A. **Clarification:** “confirmed DSM-5 diagnosis of major depressive disorder, severe, **single or recurrent episode**”
- E. **3) Addition of definition of good response:**

“The patient has a history of good response to TMS during an earlier episode of the treatment resistant major depressive disorder **as evidenced by a greater than 50 % improvement in a standard rating scale for depressive symptoms (e.g. PHQ-9, BDI, MADRS, GDS, QIDS, HAM-D, IDS-SR)**”

J. For retreatment, guideline for adequate time to allow for clinical assessment of response & relapse (Also added to *Continued Treatment, C. Retreatment* section)

“The time between treatment episodes should allow for assessment clinical and by one of the aforementioned rating scales to clearly document that the patient responded and then relapsed, **typically ninety (90) days since the last TMS session.**”

II. Intensity and Quality of Service

- A. **Removal of requirement that physician be privileged by Magellan to perform TMS:**
- Requesting provider may not be privileged for accounts that don't utilize Magellan's provider network

Updates to Magellan Healthcare Guidelines



MHC-40-2019: Outpatient Applied Behavior Analysis

Throughout: clarification to remove “school” as a place of service/setting for ABA treatment

Definitions: Alignment to Behavior Analyst Certification Board, Inc (“BACB®”) *Applied Behavior Analysis Treatment of Autism Spectrum Disorder: Practice Guidelines for Healthcare Funders and Managers* in the following sections:

Definitions

Comprehensive Intervention: Services may range from ~~21~~30 to 40 hours per week, early in the recipient’s development (for example, under the age of 7). More than 40 hours will be approved where medically necessary for the member. Services are provided for multiple targets across most or all developmental domains. Comprehensive interventions may close the gap between a recipient’s level of functioning and that of a typically developing peer. The standard of care for comprehensive services has been for durations of 1 to 2 years.

Focused Intervention: Services are provided up to ~~20~~ 25 hours per week and are directed to a more limited set of problematic behaviors or skills deficits in areas such as self-care, communication and personal safety. **More than 25 hours will be approved where medically necessary for the member.** Focused services introduce and strengthen more adaptive behaviors to address specific behaviors that are problematic for the recipient.

Updates to Magellan Healthcare Guidelines



MHC-40-2019: Outpatient Applied Behavior Analysis, cont'd.

Criteria to Initiate Care

Revisions:

- Adjustment of listing of validated assessment tools to focus on diagnostic tools at initiation of care phase, rather than screening tools
3. There is an established and current (within 24 months) DSM-5 diagnosis of autism spectrum disorder using validated assessment tools, e.g., Autism Diagnostic Observation Schedule (ADOS), Autism Diagnostic Interview (ADI-R), Parent Evaluation Developmental Stages (PEDS), ~~Checklist for Autism in Toddlers (M-CHAT)~~, ~~Ages and Stages Questionnaire (ASQ)~~ or Brigance Diagnostic Inventory of Early Development II;
 - Change from “last 12 months” to “last 6 months” for completed developmental assessment and functional assessment
 4. **Unless a longer timeframe is mandated by state law or customer contract, developmental** assessment has been completed within the last ~~12~~ **six (6)** months using validated assessment tools (i.e., Vineland, ABAS). Note: **Where permitted by state law and customer contract Magellan may ask for a developmental assessment to be completed more frequently than every six (6) months as clinically indicated;**
 6. A functional assessment using validated tools has been completed by a qualified behavior analyst certified by the Behavior Analyst Certification Board (BACB®). This assessment will include baseline information on the recipient’s adaptive functioning within the last ~~12~~ **six (6)** months or longer timeframe if required by state law or customer contract.

Updates to Magellan Healthcare Guidelines



MHC-40-2019: Outpatient Applied Behavior Analysis, cont'd.

Criteria for Continued Care

Added two criteria:

6. The predicted beneficial outcome of services outweighs potential harmful effects.
8. “An updated diagnosis (as outlined in the “Criteria to Initiate Care”) must be submitted every 24-months, or as requested by Magellan, the primary care provider (PCP), psychologist or other licensed professional.

Criteria for Discharge from Care

Additions to align with *BACB Practice Guidelines*: header paragraph to outline desired outcomes for discharge and two additional criteria

“One of the following criteria must be met:....”

5. “The client does not demonstrate progress towards goals for two or more successive authorization periods.”
6. “Continued care would be provided primarily for the convenience of the child or caregivers.”



Summary of Changes to the MCG Care Guidelines

23RD EDITION

Magellan
HEALTHCARE®

MCG Behavioral Health Care Guidelines



- 23rd edition effective July 1, 2019
- NO CHANGES from 22nd edition to 23rd edition MCG level of care guidelines

MCG Care Guidelines (will vary by health plan)



MCG Care Guidelines 23rd edition

Inpatient Behavioral Health Level of Care, Adult

Inpatient Behavioral Health Level of Care, Child or Adolescent

Acute Outpatient Behavioral Health Level of Care, Adult

Acute Outpatient Behavioral Health Level of Care, Child or Adolescent

Residential Behavioral Health Level of Care, Adult

Residential Behavioral Health Level of Care, Child or Adolescent

Partial Hospital Behavioral Health Level of Care, Adult

Partial Hospital Behavioral Health Level of Care, Child or Adolescent

Intensive Outpatient Program Behavioral Health Level of Care, Adult

Intensive Outpatient Program Behavioral Health Level of Care, Child or Adolescent

Substance-Related Disorders, Acute Outpatient Behavioral Health Level of Care, Adult

Substance-Related Disorders, Acute Outpatient Behavioral Health Level of Care, Child or Adolescent

Substance-Related Disorders, Inpatient Behavioral Health Level of Care, Adult

Substance-Related Disorders, Inpatient Behavioral Health Level of Care, Child or Adolescent

Substance-Related Disorders, Residential Behavioral Health Level of Care, Adult

Substance-Related Disorders, Residential Behavioral Health Level of Care, Child or Adolescent

Substance-Related Disorders, Partial Hospital Behavioral Health Level of Care, Adult

Substance-Related Disorders, Partial Hospital Behavioral Health Level of Care, Child or Adolescent

Substance-Related Disorders, Intensive Outpatient Program Behavioral Health Level of Care, Adult

Substance-Related Disorders, Intensive Outpatient Program Behavioral Health Level of Care, Child or Adolescent

Note: All partial hospital guidelines are customized.

MCG Care Guidelines (will vary by health plan), cont'd



MCG Care Guidelines 23rd edition

Eating Disorders, Inpatient Behavioral Health Level of Care, Adult
Eating Disorders, Inpatient Behavioral Health Level of Care, Child or Adolescent
Eating Disorders, Residential Behavioral Health Level of Care, Adult
Eating Disorders, Residential Behavioral Health Level of Care, Child or Adolescent
Eating Disorders, Partial Hospital Behavioral Health Level of Care, Adult
Eating Disorders, Partial Hospital Behavioral Health Level of Care, Child or Adolescent
Eating Disorders, Intensive Outpatient Program Behavioral Health Level of Care, Adult
Eating Disorders, Intensive Outpatient Program Behavioral Health Level of Care, Child or Adolescent
Observation Behavioral Health Level of Care, Adult
Electroconvulsive Therapy (ECT)
Day Treatment Behavioral Health Level of Care
Medication-Assisted Opioid Withdrawal Behavioral Health Level of Care

Note: All partial hospital guidelines are customized

Customized Partial Hospitalization MCG Care Guidelines



Magellan's customized admission guideline included new language in 2018-2019; this has been retained for 2019-2020:

“There is clinical evidence that the patient’s condition requires a structured program with frequent nursing and/or physician supervision, active treatment each program day and assessment no less than 3 times weekly by a professional nurse or physician Advanced Practice Registered Nurse (APRN), one of which must be a physician or APRN.”

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