

## Recovery & Resiliency:

## The Consumer Health Inventory (CHI) & Consumer Health Inventory – Child (CHI-C)

- These are brief, secure, Web-based tools.
- Measure and track your health and recovery.
- Access them in English & Spanish.
- Print reports right away for you and your provider.
- Use the findings to create your treatment plan.
- Track progress that is important to you:
  - o Strengths & functioning
  - Physical & behavioral health

## Find out more

Ask your provider during your next visit about how the CHI and CHI-C can help you or your child.

