Residential Crisis Services, Mental Health, Adult, Adolescent, Child Guidelines
*For use with members whose insurance is written out of Maryland*

Residential Crisis Services are provided on a short-term basis in a community-based residential setting to prevent a psychiatric inpatient admission.

I. **Admission Guidelines**

Medical necessity for admission of a child, adolescent or adult to Residential Crisis must be documented by presence of all the criteria below (A-D).

A. Has a primary diagnosis of a mental disorder as per the current edition of the DSM;

B. Is at risk for hospitalization;

C. Has need of immediate intervention because the individual is:
   1. Exhibiting behavior that is threatening to self or others, or;
   2. Experiencing rapid deterioration of functioning as a result of psychiatric symptom, and

D. Is able to benefit from the intervention because the individual:
   1. Can respond to short-term therapeutic intervention, and;
   2. Does not have a current living environment that is suitable to stabilize the individual during the crisis.

II. **Continued Care Guidelines**

Authorization for continued services is based on documentation that Continuation of Residential Crisis Services is appropriate for children, adolescents and adults who meet all of the outlined below:

A. Clinical evidence indicates a persistence of the problems that necessitated Residential Crisis Services,

B. Diversion from inpatient hospitalization continues to appear possible; and

C. The individual’s current available living environment is not suitable for stabilizing the individual during the crisis.